

FOR IMMEDIATE RELEASE

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Board of Supervisors Proclaims National Health Center Week

Supervisor Mark Ridley-Thomas, community stakeholders and county employees, will kick off National Health Center Week in the Second Supervisorial District with a two-mile walk at 9 a.m. Wednesday, August 8, at St. John's Well Child and Family Center in Los Angeles. The walk will include a stop at Umma Community Clinic before ending at Mount Carmel Park where a host of free health services will be offered including rapid HIV testing, blood pressure screenings, and a healthy cooking demonstration.

"Health is important this week and every week in the Second District," said Supervisor Mark Ridley-Thomas. "Join me in celebrating health, fitness, and an active lifestyle all year round."

The organized walk comes after the Board of Supervisors unanimously approved a motion by Supervisor Ridley-Thomas recognizing health centers in Los Angeles County and across the nation for their daily efforts in ensuring millions of individuals have access to healthcare by proclaiming August 5 thru August 11, National Health Center Week.

Each year, community health centers provide medical, dental, and health services to over 20 million patients in more than 8,000 locations across the nation without regard to income, health insurance status, or pre-existing medical

condition. They deliver high quality, cost effective, accessible care that keeps communities healthy and productive.

"Health centers are meeting the primary medical needs of millions of individuals throughout the nation and transforming lives on a daily basis," said Supervisor Ridley-Thomas. "That's a huge undertaking that calls for both recognition and celebration."

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